



**Benefice of Christ Church and St Mary's, Frome**  
Diocese of Bath and Wells

## **First Sunday of Lent**

### **Sunday 9th March 2025**

9.00am Parish Eucharist at St Mary's

10.30am Parish Eucharist at Christ Church

Next Week: 8.00am BCP Holy Communion at Christ Church

10.30am Parish Eucharist at St Mary's

#### **Prayers:**

**Sick:** Judy Kirkham, Suzanne, Arthur, David Fielden, Koji Saki, Shirley, Jude, Yvonne Stewart

#### **Years Mind for March:**

David Plaskitt, Lily Harrill, Sheila Margaret Ball, Nora Mitchell, Garth Burrows, June Lamb, Carole Tassell, Elizabeth John, Gordon Jones-Williams, Jonathan Burgess, Julie Bunce, Noreen Spall, Marlene Veale

#### **Contact Details:**

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**Parish Office and Hall Bookings** -Tues and Thurs 1-4pm

Tel: 07557 751 795 [admin@christchurch-stmarys-frome.co.uk](mailto:admin@christchurch-stmarys-frome.co.uk)

Parish Office - St John's Parish Office, The Cottage, 1 Church Steps, BA11 1PL



#### **Collect**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## **First Reading: Deuteronomy 26 1-11**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

## **Psalm 91- St Mary's**

The one who dwells beneath the shade  
Of God Almighty, unafraid,  
Will say to God in all events,  
'The Lord Most High is my defence.  
Whatever evil may pursue,  
My refuge, I will trust in you.'

For God will save you from the snare,  
From yawning chasm or despair.  
Though pestilence or curse pursue,  
Your God will calm and cover you.  
Beneath his wings and holy down,  
His truth will shield you all around.

Be not afraid of mighty dread,  
Or flying arrow overhead,  
Of terror lurking in the dark,  
Or battle or the evil mark,  
Of stalking pestilence by night,  
Or deadly sickness in the light.

Though thousands and tens thousands die,  
And death extinguishes the eye,  
Though many perish, ills appear,  
No plague will touch you or come near.  
Yes, you will see the wicked fall,  
And retribution on them all.

You made the Lord and God Most High  
Your shelter from the battle cry,  
So lurking evil or dissent  
Will not come near or plague your tent.  
Your God commands an angel host,  
To guard you from their heavenly post.

They bear you safely in their hand,  
Preserve your life at my command,  
In case you fall and break a bone,  
Or strike your foot against a stone.  
You trample every lion down,  
And grind the snake into the ground.

Because in love you cling to me,  
And know my name, I set you free.  
Whatever trouble may pursue,  
I answer now and honour you.  
Your soul will overflow to praise  
In freedom, for eternal days.

## Psalm 91 – Christ Church

Whoso dwelleth under the defence of the most High : shall abide under the shadow of the Almighty.

I will say unto the Lord, Thou art my hope, and my strong hold : my God, in him will I trust.

For he shall deliver thee from the snare of the hunter : and from the noisome pestilence.

He shall defend thee under his wings, and thou shalt be safe under his feathers : his faithfulness and truth shall be thy shield and buckler.

Thou shalt not be afraid for any terror by night: nor for the arrow that flieth by day;

For the pestilence that walketh in darkness : nor for the sickness that destroyeth in the noon-day.

A thousand shall fall beside thee, and ten thousand at thy right hand : but it shall not come nigh thee.

Yea, with thine eyes shalt thou behold : and see the reward of the ungodly.

For thou, Lord, art my hope : thou hast set thine house of defence very high.

There shall no evil happen unto thee : neither shall any plague come nigh thy dwelling.

For he shall give his angels charge over thee : to keep thee in all thy ways.

They shall bear thee in their hands : that thou hurt not thy foot against a stone.

Thou shalt go upon the lion and adder : the young lion and the dragon shalt thou tread under thy feet.

Because he hath set his love upon me, therefore will I deliver him : I will set him up, because he hath known my Name.

He shall call upon me, and I will hear him : yea, I am with him in trouble; I will deliver him, and bring him to honour.

With long life will I satisfy him : and shew him my salvation.

## **Second Reading: Romans 10 8b-13**

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

## **Gospel: Luke 4 1-13**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

## Post Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.

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## Diary

- Mon 10<sup>th</sup> 2.30pm Lent Group at 28 Spring Road
- Tues 11<sup>th</sup> 5.00pm St. Mary's PCC Meeting at St. Marys  
7.00pm Christ Church Finance Meeting at The Ship
- Wed 12<sup>th</sup> 10.00am Holy Communion at St Mary's  
2.30pm Christ Church future at 3 West End  
7.00pm Lent Group at St. Mary's  
7.30pm The Big Dream at Holy Trinity Church
- Fri 14<sup>th</sup> 4.00pm Scallop Shells Junior Choir at Christ Church
- Sat 15<sup>th</sup> 2.00pm Kindness Concert at Christ Church
- Sun 16<sup>th</sup> 3.30pm Piano Concert at Christ Church

**Please submit any articles for the Magazine by Monday 10th March**

**[Magazine@christchurch-stmarys-frome.co.uk](mailto:Magazine@christchurch-stmarys-frome.co.uk)**

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**Planned Giving Review** If you haven't already got one, please take a white envelope from the back of church it contains important information about your church.

You need to read it! Pray about it! Respond!

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**Electoral Roll** 2025 is the year we renew the electoral roll in each church. Everyone will need to apply to be on the new roll. This is a list of great encouragement for Revd Liz as it holds the names of all who think their church matters. Who are interested in what goes on and who want to put their hands up and be a part of it all. It also gives you a vote at the APCM and on other significant matters in the life of your church. Forms at the back of church.

## **Lent Groups**

This year we are using the Pilgrim Course to spend more time with The Beatitudes (The sermon on the Mount – Matthew 5)

All are welcome to come and join in a time of Bible study, prayer and reflection.

Mondays at 2.30pm at 28 Spring Road (Jean Gill's)

Wednesdays at 7pm at St. Marys Church

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## **What is the Eucharist? Come and See...**

Join our open Lenten series exploring what we do in every Sunday's act of worship.

1:30pm Every Wednesday during Lent

At St John's Vicarage, BA11 1QL

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## **Evensong at St John's**

Join us, for a monthly service of prayer and music,  
with pop-up choir,  
open to all!

Every Third Sunday of the month at 5pm.

Contact: [rosemarymccormick@hotmail.com](mailto:rosemarymccormick@hotmail.com) for details.

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Lent Lunch Sunday 16<sup>th</sup> March

following the 10.30 service at St Mary's

Come to worship. Stay to share a simple lunch.  
As part of Kindness week, join us from 12.30.

Donations for Save the Children

## **The Big Dream**

Following on from the gathering last month, the conversation continues around resourcing, and supporting work with children and young people across the deanery. If you are interested, then come along to Holy trinity (good lighting and underfloor heating) on Wednesday 12<sup>th</sup> March at 7.30pm

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### **Saturday March 15th at 2.00pm**

Keys to Kindness Concert by Young Pianists, Violinists and Singers in Christ Church.  
Free admission, donations for Save the Children.  
Drinks and Cakes.

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### **Sunday 16th March at 3.30pm**

Come to hear an amazing 15-year-old concert pianist!  
45-minute Piano Recital by Ezra Herring, of Beethoven, Debussy, Ezra Herring and Chopin. Ezra is a 15-year-old specialist musician at Wells Cathedral School.  
The concert will be a fund-raiser for The Sierra Leone Project, a music educational charity  
Tickets £5/ £2.50 for children  
Drinks and cakes will be available

### **Somerset Aid for Ukraine have requested candles to be recycled in Ukraine**

Any candles, pre-lit, scented, colours... all are gratefully received and will be made into new candles.

Candles may be dropped off at Trinity - labelled FOR UKRAINE - any weekday morning 9.30am to 12.30pm or email the office [office@holytrinityfrome.com](mailto:office@holytrinityfrome.com) to arrange for someone to collect from you.